



# Digestive Disease Specialists

Linda Tong, M.D., AGAF

PoonpuTT Chotiprasidhi, M.D.

Ahmad Cheema, M.D.

## Pre-procedure Diabetes Medication Instructions

In preparation for your procedure, you will need to follow specific instructions regarding your diabetes medication. Read the information below carefully.

Check your blood sugar the evening before your procedure and again upon waking the morning of your procedure. If your blood sugar is below 80 at either of these checks or you have symptoms of low blood sugar such as dizziness, drink a glass of clear fruit juice and recheck your blood sugar. Continue to drink clear fruit juice until your blood sugar is above 80 or symptoms resolve. If symptoms fail to resolve, call our office at 309-601-2800 to get further instructions from the physician on call.

**Unless otherwise indicated, take diabetes medications as directed below:**

Diabetes Medication	Morning Day Before Exam	Night Before Exam	Morning Day of Exam
Oral (tablets by mouth)	Usual Dose	Do not take	Do not take

Diabetes Medication	A.M. Day Before Exam	Noon Day Before Exam	P.M. Night Before Exam	Morning Day of Exam
Regular Insulin Short	Take ½ usual dose	Take ½ usual dose	Take ½ usual dose	Do not take

Diabetes Medication	Morning Day Before Exam	Night Before Exam	Morning Day of Exam
Long Acting Insulin	Take ½ usual dose	Take ½ usual dose	Do not take

**Insulin Pump** - Confirm dosage adjustment with your medical provider.

If you take oral and insulin or other injectable diabetes medication, follow the instructions for each as above.

**Call our office at 309-601-2800 if you have any questions.**